

Norfolk & Waveney
Prostate Cancer Support Group
NEWSLETTER

Issue No 12

October 2006

Christmas Lunch with Big C

Your chance to meet our patron, Martin Bell OBE

Our patron Martin Bell OBE is returning to Norwich on 1st December for a special Christmas luncheon to be held by Big C in association with the Norfolk & Waveney Prostate Cancer Support Group.

The luncheon, which is being held at the Maids Head Hotel, Norwich, will raise funds for the Big C prostate research project as well as our Support Group. It will be a unique opportunity to hear about Martin Bell's amazing life, learn about the Big C Prostate Project and enjoy a Christmas gathering with fellow Support Group members.



A three course Christmas Luncheon will be served with coffee. Guests are invited to arrive from 12.30pm for 1pm.

Tickets are £300 for a table of ten or £30 each per person. Everyone is welcome to attend – so why not invite friends, family, business guests or colleagues to join you for this special event.

Big C and our Support Group are also looking for sponsors for the event and would welcome hearing from anyone who would be interested in supporting the event in this way.

Tickets are strictly limited and can be obtained along with further information about the event from Hannah Chroston, Fundraising Officer at Big C, on 01603 751695 or by e-mail at:

hannah.chroston@thebigcappeal.co.uk

We do hope you can join us for this wonderful occasion.

Also in this Issue

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Pioneers in Practice: from Innovation to Reality?

Friday 3rd November 2006 • Olympia Conference Centre • Hammersmith Road, London W14 8UX

ESSENTIAL INFORMATION AT A GLANCE

Who should attend?

Everyone concerned about prostate cancer who wants to work together in achieving the best outcomes for people affected by the disease:

- Men affected by prostate cancer and their families
- Local support group members
- Healthcare professionals
- Health policy makers
- Business representatives
- Trade union members

What will be covered?

- Setting standards in prostate cancer – what role the Healthcare Commission?
- Prostate cancer screening – how close?

- Ground-breaking research on the role of specialist nurses
- The Guy's Hospital one-stop service – a model for the future?
- The role of lifestyle and diet in prostate cancer
- Awareness raising campaigns – do they work?

High profile speakers include Anna Walker, Chief Executive, Healthcare Commission; Professor Alison Richardson, Chair in Cancer and Palliative Nursing Care, Kings College, London; Professor Freddie Hamdy, Sheffield University; and Andy Ripley, England Rugby Union hero.

The conference will provide ample opportunity for discussion about the

key issues facing men affected by prostate cancer.

How much will it cost?

- Men affected by prostate cancer and their families and local support group members – £30
- All other delegates – £80

The Prostate Cancer Charity,
3 Angel Walk, Hammersmith,
London, W6 9HX

Confidential Helpline: 0845 300 8383
Textphone: 0845 300 8484
Tel: 020 8222 7622 Fax: 020 8222 7639

www.prostate-cancer.org.uk
info@prostate-cancer.org.uk

Green Light for Prostate Drug

Men with late stage prostate cancer have won the right to free treatment with the first drug proven to extend their lives.

Taxotere, which was originally developed to treat breast cancer, typically increases the survival of men no longer responding to hormone treatment by 18.9 months.

Despite having some side effects, it also reduces pain and weight loss, and generally improves quality of life.

The medicines watchdog, the National Institute for Health and Clinical Excellence (Nice), has recommended that Taxotere should be available to all eligible men in England and Wales on the NHS.

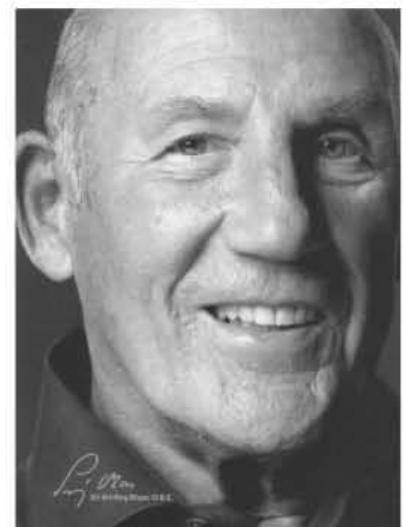
Thousands of men with prostate cancer that has spread could now qualify for the drug.

Primary Care Trusts have been told to comply with the guidance. A single course of the drug costs around £7,000, to which must be added the cost of extra staff to administer it.

Few options exist for men who become resistant to hormone treatments that stop testosterone fuelling prostate cancer.

Taxotere, the brand name for docetaxel, fights cancer by blocking the mechanism that allows tumour cells to divide.

Big C/PCSG Gala Luncheon Charity Auction



Our Chairman has been in touch with Stirling Moss, who cannot attend as he is Rally driving in Argentina that week, but he has sent us an autographed item for the auction. He is 75 and a Prostate Cancer survivor, and sends us his best wishes.

Classic Motorcycle Club comes up Trumps!

The Ace MCC recently presented us with £400, the proceeds of their fun run from Halesworth to Stokesby, when some 67 immaculate machines and their (elderly, but young in heart) owners ventured forth. Several of the club members have had a brush with Cancer. It was inspiring to see these chaps on their powerful steeds, including many Harley-Davidsons, and we enjoyed a convivial evening at the Plough Inn in Wisset, near Halesworth, even if your Chairman got lost on the way home after a couple of shandies. Our thanks and best wishes to Andy Downes who organised the event, but sadly was unable to join us due to ill-health.



Colin Hicks, Ace MCC President, presents the £400 donation to PSG Treasurer Mike Smith at the Wissett Plough, watched by Yvonne Haines, Specialist Nurse Claire Fullalove, Rosalind Wiseman, PSG Membership Secretary David Wiseman and PSG Chairman, David Haines.

The Norwich Accordion Club concert on 15 September was well supported by our Group, and a good time was had by all.

There were also visitors from Norway, who gave us a flavour of Scandinavian music in contrast to the programme of English music by the Norwich Accordion Club Band (two of whose members have experienced Prostate Cancer).

£702 was raised, and a cheque was presented to us at the end of the evening by David Crotch, Chairman of the Norwich Accordion Club. David Haines, our Chairman, thanked him and spoke briefly about our activities. John Drake, Sheriff of Norwich, presented the Norwegians with a gift from the City of Norwich.

We were also thanked by three people from the audience afterwards for the help and encouragement they had received from our meetings and phone responses in dealing with Prostate Cancer.

WANTED!

We need **Raffle Items** both for our Christmas Raffle on 4th December and for the Big C Charity Auction at the Gala Luncheon on 1st Dececeember. Please contact any Committee member if you can help. (See back page for contact details).

RAY & VERA ALLEN WILL BE HOLDING A CAR BOOT SALE

Date: Saturday 7th October

Where: K.W. Eaglen's yard
Seamere Road
Hingham
NR9 4LW

Time: 8am - 4pm (Set up from 7am and please take rubbish away).

Pitch Fee: £4 per pitch

Proceeds to the Norfolk and Waveney Prostate Cancer Support Group.

Please phone 01953 850863 for any information.

If anyone has anything they don't want and would like to donate to the cause we would be very grateful.

A Big Thank You

The following donations have been received since our last newsletter:

| | £ |
|--|------------------------|
| Norwich Accordion Club – from their Concert | 702.00 |
| ACE Motorcycle Club – Fun Run | 400.00 |
| Mrs T Collins, family & friends – in memory of James Collins | 380.00 |
| JN & JS Collins – in memory of James Collins | 50.00 |
| Mr C Chandler | 20.00 |
| Anonymous | 15.00 |
| Mr F Carter | 10.00 |
| Mr D Parker | 10.00 |
| Mr D Woodrow | Gift of Postage Stamps |
| Open meeting Donations 7th August | 63.80 |

South Norfolk Council are sponsoring our Newsletter costs this year, for which we thank them.



Presentation of cheque for £702 to our Chairman, David Haines, by David Crotch, Chairman of the Norwich Accordion Club, following their successful concert on 15 September.

Dates for your Diary

Friday, 3 November

National Prostate Cancer Conference, Olympia Conference Centre, London.

Friday, 17 November – 7pm

Project 2001 Ladies Pre-Christmas Hot Supper with wine and entertainment on behalf of our Support Group – Bawburgh Village Hall, NR9, 7 for 7.30pm. Call David Haines, 01603 881213, for tickets (£12.50 each, but limited numbers, so please book early).

Friday, 1 December – 12.30

Gala Luncheon – Big C / Norfolk & Waveney Prostate Cancer Support Group – Maids Head Hotel, Norwich with **Martin Bell**

Monday, 4 December – 7pm

Christmas Open Meeting & Raffle, NNUH

Georgia Diebel, Support & Information Specialist Nurse at The Prostate Cancer Charity, on the Charity's *Specialist Nurse Programme*.

How to Contact Us

■ **Write to:**

Norfolk & Waveney Prostate Cancer Support Group,
c/o Urology Department,
Norfolk and Norwich University Hospital,
Colney Lane, Norwich, NR4 7FP

■ **Telephone the Specialist Nurses:**

Sallie, Claire or Wendy,
Specialist Uro-oncology Nurses,
Norfolk and Norwich University Hospital
01603 289845

Angie or Wendy,

Specialist Uro-oncology Nurses,
James Paget Hospital
01493 453510

■ **Committee / Help:**

01603 713463,
01603 881213
or 01328 862927

■ **E-mail us:**

Chairman – David Haines
david.haines2@btopenworld.com

■ **Letters to the Editor:** Chuck Lyons,
1 Hayes Lane, Fakenham, NR21 9EP
charleswlyons@aol.com

■ **Visit our website:**

www.prostatesupport.org.uk